



Wrestling Queensland Inc.

Level 1

Coaches Course

A National Initiative of Wrestling Australia Ltd.

Endorsed by the Australian Sports Commission.

REQUIREMENTS

LEVEL 1 WRESTLING COACH'S COURSE

REQUIREMENTS FOR GAINING ACCREDITATION AS A LEVEL 1 WRESTLING COACH

Accreditation as a level 1 Wrestling Coach can only be awarded once all the following requirements have been met

- 1 The applicant is at least 18 years of age
- 2 The applicant is a current financial member of their State Wrestling Association as well as Wrestling Australia Ltd.
- 3 The applicant has a current First Aid or Senior First Aid Certificate
- 4 The applicant has successfully completed the Beginning Coaching General Principles Course. Goggle: 1 learning.ausport.gov.au/login/index.php 2 Essential skills 3 All other sports and 4 follow the prompts

- 5 obtain current approval under the relevant 'Working with children' legislation (working with children and disadvantaged people blue card) www.bluecard.qld.gov.au and follow the prompts. If you are a volunteer coach at a not for profit club get WQ Inc. to sign off on the form and there will be no fee
Your Drivers Licence Customer Reference Number (CRN) is Your Drivers licence number
- 6 The applicant has successfully completed the Sports Specific Coaching Course (Level 1 Wrestling skills Coach's Course)
 - 1 Presenter's Notes (print the presenter's notes so you can refer to them when completing the workbook)
 - 2.1 The applicant to complete the workbook
 - 2.2 Practical section of the workbook approximately 3-4 hours. Venue Lang Park PCYC Brisbane or the practical section will be on zoom for applicants living more than 4 hours from Brisbane. The applicant to attend the zoom session will do so at a wrestling gym and have a wrestling partner
The completed workbook to be sent back to WQ Inc in the word format so WQ Inc can complete their section of your workbook
 - 3 Appendix 2A Coaching Practice: 10 hours of coaching under an approved Mentor can be completed before or after the Level 1 Wrestling Skills Coach's Course has been completed
- 7 The applicant has obtained a National Criminal Check
National Crime Check support@nationalcrimecheck.com.au
You need to have Drivers licence, Passport, Birth Certificate, Medicare Card, Credit Card ready to upload to your application through your mobile Phone
Need to pay a fee (\$30.00) for the check
- 8 The applicant to sign the WA Ltd Coach's Code of Behaviour: (in workbook)
- 9 The applicant to sign the WA Ltd Concussion Policy: (in workbook)
- 10 The applicant to complete the Sports Integrity Australia level 1 Anti-doping course

[Sport Integrity Australia eLearning: Log in to the site](#)

Anti-doping course for coaches
Anti-doping fundamentals
2022 Annual update
- 11 WA Ltd and WQ Inc coaching certificate application fee is \$100.00